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BISAC: Self-Help / Journaling

Want to get into journaling but you are not sure how to start? Are you curious about journaling but you have idea what it is? Are you an experienced writer dealing with writer's block and you need to write your way through it? Are you bored and just looking for a way to kill time? If you answered "Yes." to any of those questions, this book is for you. Journaling is an awesome way to get your creative juices flowing and/ or help you to become a better you! "I can't think of a better way to kill time than to write." -d.